## MEDIA RELEASE

## Mental Health Australia

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## Mental Health Australia announces new 'Friends' program

Mental Health Australia is today announcing a new program aimed at providing an avenue for both individuals and the corporate world to engage with the mental health sector.

The "Individual" and "Corporate" Friends of Mental Health Australia program will actively support the work of the organisation and its independence, while providing 'friends' with a real time link to information about the mental health sector in Australia.

"We work tirelessly to provide frank and fearless advice to government and the sector, building connection, relationships and facilitating a voice for those who live with mental illness every day. Only a truly independent organisation can push for the creation of a new mental health system, one we need and deserve," Mental Health Australia CEO said.

"That's why we are so proud to announce the inaugural "Corporate Friend of Mental Health Australia, the Peninsula Hot Springs in Victoria."

"Peninsula Hot Springs (PHS) has a deep and fundamental desire to improve the wellbeing of Australians and connects well with the work of Mental Health Australia.

"Our friendship with the Hot Springs helps us continue our work to help build the best mental health system in the world."

Peninsula Hot Springs Global & Community Relationship Manager Yuki Davidson said the partnership "signifies the PHS commitment to tangible and active involvement in improving mental health in Australia."

"This friendship with Mental Health Australia is a natural evolution of our wellbeing program and third stage in PHS growth, where mental and physical wellbeing has been a primary driver to our wellness destination for over 10 years".

For more information on the Individual and Corporate Friends program, go here <a href="https://mhaustralia.org/become-corporate-friend-mental-health-australia">https://mhaustralia.org/become-corporate-friend-mental-health-australia</a>

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