



# 2025 Mid-Year Economic and Fiscal Outlook mental health related measures

Following is a summary of measures related to mental health announced in the 2025 Mid-Year Economic and Fiscal Outlook. These measures are copied from Appendix A: Policy Decisions taken since 2025 Pre-Election Economic and Fiscal Outlook (PEFO).

## More Free Mental Health Services

(see page 253 onwards)

The Government will provide \$1.1 billion over four years from 2025–26 to provide more free mental health services and to grow the mental health workforce. Funding includes:

- \$490.3 million over four years from 2025–26 (and \$296.9 million per year ongoing) for 20 new and upgraded Youth Specialist Care Centres to provide ongoing and intensive care services, outside a hospital, for young people with complex mental health illness
- \$267.3 million over four years from 2025–26 (and \$132.0 million per year ongoing) to establish 32 new and upgraded Medicare Mental Health Centres to expand access to free mental health support for all Australians
- \$225.3 million over four years from 2025–26 (and \$24.6 million per year ongoing) to establish 58 new, upgraded or expanded headspace services to provide community-based services for young people who have, or are at risk of, mental illness
- \$83.9 million over four years from 2025–26 to provide additional training places for mental health professionals and peer workers, including internships for eligible provisional psychologists, placements for peer work students in mental health and suicide prevention services, scholarships for the Certificate of Postgraduate Training in Clinical Psychiatry, and psychiatry training places
- \$43.3 million over four years from 2025–26 to continue support for the National Centre of Excellence in Youth Mental Health and for an evaluation
- \$13.0 million over four years from 2025–26 (and \$5.1 million per year ongoing) to establish eight new Perinatal Mental Health Centres across Australia to provide psychological counselling services to new and expectant parents
- \$3.7 million over two years from 2025–26 for the Embrace Kids program to reduce the prevalence of eating disorders in young people.

The Department of Health, Disability and Ageing will partially meet the cost of this measure from within existing resources.

This measure builds on the 2022–23 October Budget measure titled Mental Health and the 2023–24 Budget measure titled Mental Health.

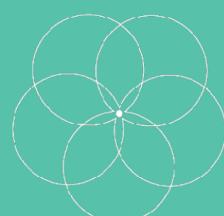
This measure delivers on the Government's election commitment made during the 2025 federal election.

## Mental Health

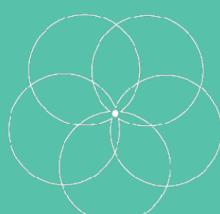
(see page 250 onwards)

The Government will provide \$158.0 million over three years from 2025–26 to continue to strengthen Australia's mental health and suicide prevention system. Funding includes:

- \$65.1 million over three years from 2025–26 to continue delivery of mental health supports, treatment and services for Australians, including:
  - \$35.5 million over two years from 2026–27 to extend a pilot on a model of care for improved coordination and access to specialised trauma-informed mental health recovery care for victim-survivors of family, domestic and sexual violence
  - \$13.5 million in 2025–26 of additional funding to deliver the Medicare Mental Health Check In, a new free digital mental health service
  - \$4.7 million over two years from 2026–27 to support continued operation of the Government's Medicare Mental Health website and navigation services
  - \$3.2 million over two years from 2026–27 in reprofiled funding for codesign work and delivery of culturally appropriate multidisciplinary services for people with severe and complex mental health needs in the Northern Territory
  - \$2.8 million over two years from 2026–27 to continue supporting culturally and linguistically diverse communities and service providers by providing access to resources, services and information through an online accessible platform
  - \$2.7 million over two years from 2026–27 to continue the Translating and Interpreting Service to support the mental health needs of multicultural communities
  - \$1.6 million in 2026–27 to continue mental health supports and services for Australians impacted by the conflict in the Middle East
  - \$0.7 million over two years from 2025–26 to improve the physical health of people with mental illness
  - \$0.4 million in 2026–27 to continue delivering mental health services to young people in remote communities
- \$30.1 million over three years from 2025–26 to support Australians through prevention and early intervention activities, including:
  - \$22.2 million over two years from 2026–27 to continue supporting child mental health and social and emotional wellbeing through universal access to evidence-based parenting education
  - \$7.2 million in 2025–26 to promote and raise awareness of Medicare Mental Health services through a national communication campaign



- \$0.6 million in 2026–27 to continue supporting perinatal mental health screening across public antenatal and postnatal care settings
- \$26.6 million over three years from 2025–26 to strengthen and support the mental health workforce, including:
  - \$9.4 million over two years from 2026–27 to continue enhancing mental health capabilities of the broader health workforce through training, resources and professional development materials
  - \$5.3 million over two years from 2026–27 to raise awareness and the knowledge of health practitioners about digital mental health services, and support a digital-first mental health solution for Australian healthcare workers through e-Mental Health in Practice
  - \$2.9 million over two years from 2025–26 to continue supporting two independent national mental health lived experience peak bodies to advise on mental health policies and programs and to support lived experience research
  - \$2.4 million in 2026–27 to continue supporting general practitioners (GP) to link with psychiatrists who provide telehealth consultations through the national GP Psychiatry Support Line
  - \$2.4 million over two years from 2025–26 to Mental Health Australia to continue its activities as the mental health peak body
  - \$2.0 million over two years from 2026–27 to continue supporting a digital-first mental health solution for Australian healthcare professionals through The Essential Network
  - \$0.6 million over two years from 2026–27 to continue delivery of confidential mental health support services for doctors and medical students in Australia through Drs4Drs
  - \$0.6 million over two years from 2026–27 to continue supporting confidential peer support for health professionals from peers in similar disciplines
  - \$0.5 million in 2026–27 to continue supporting lived experience capacity building and research through mental health consumer and carer advocacy activities
  - \$0.4 million over two years from 2026–27 to continue supporting the annual mental health services conference
- \$26.0 million over three years from 2025–26 to support the needs of people with eating disorders and their carers, including:
  - \$13.1 million over two years from 2026–27 to extend a pilot program to identify innovative and evidence-based models of care to best address the needs of people with eating disorders in community-based settings
  - \$9.3 million over two years from 2026–27 to continue upskilling the mental health workforce in evidence-based eating disorder interventions, and support the Australian Eating Disorders Research and Translation Centre
  - \$2.2 million over two years from 2026–27 to the National Eating Disorders Collaboration to continue supporting a national platform which brings together information and resources that establish standards for the prevention and treatment of eating disorders



- \$0.8 million over two years from 2025–26 to enable the Australia & New Zealand Academy for Eating Disorders to deliver the eating disorder credentialing system and a targeted public awareness campaign
- \$0.4 million over two years from 2026–27 to continue supporting school-led programs to support positive body image in Australian primary schools
- \$0.4 million over two years from 2026–27 to continue in-person, phone and online services for unpaid carers of people with eating disorders across Australia
- \$10.2 million over two years from 2026–27 to support the delivery of suicide prevention services, including:
  - \$6.4 million over two years from 2026–27 to continue supporting workplace-based suicide prevention programs for ‘Fly In Fly Out’ and ‘Drive In Drive Out’ workers
  - \$2.4 million in 2026–27 to continue suicide prevention activities in schools
  - \$0.8 million in 2026–27 to expand an existing suicide prevention pilot program to include more non-clinical, early intervention and suicide prevention services
  - \$0.6 million over two years from 2026–27 to continue supporting workplace-based mental health suicide prevention programs for people in the manufacturing industry.

The Government will achieve savings of \$21.0 million over two years from 2027–28 (and \$10.8 million per year ongoing) from efficiencies in delivering mental health support through the Primary Health Networks program. The savings from this measure will be redirected to other Government policy priorities in the Health, Disability and Ageing portfolio.

The Department of Health, Disability and Ageing will partially meet the cost of this measure from within existing resources.

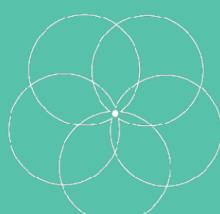
This measure builds on the 2023–24 Budget measure titled Mental Health, the 2024–25 Budget measure titled Mental Health, the 2024–25 MYEFO measure titled Strengthening Medicare and the 2025–26 Budget measure titled *Supporting Australian Communities Affected by the Hamas-Israel Conflict*.

## Closing the Gap – further investments

(see page 211 onwards for context with other measures)

The Government will provide \$329.9 million over five years from 2024–25 (and an additional \$3.0 million in 2029–30) to achieve better outcomes for First Nations peoples under the National Agreement on Closing the Gap. Funding includes:

- \$2.0 million over two years from 2025–26 to continue to support cultural safety across mental health services with appropriate referral pathways for First Nations peoples



- \$1.3 million over two years from 2026–27 to continue support for the delivery of mental health services in Cape York
- \$19.7 million over two years from 2026–27 to continue to support suicide prevention activities with cultural sensitivity and community empowerment through the Culture Care Connect program
- \$7.8 million over two years from 2026–27 to support culturally appropriate social and emotional wellbeing and prevention programs in the Northern Territory through the Red Dust program
- \$6.4 million over three years from 2025–26 to expand the Goanna Academy, delivering culturally safe First Nations social and emotional wellbeing programs nationally
- \$5.3 million over two years from 2026–27 to continue to support the Social and Emotional Wellbeing Policy Partnership as part of the National Agreement on Closing the Gap
- \$0.9 million in 2025–26 to support Children’s Ground to continue delivery of culturally safe health and wellbeing services for children and their families in First Nations communities

## Continuing Support to Veterans and their Families

(see page 219 for other measures)

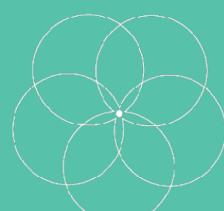
The Government will provide \$80.2 million over four years from 2025–26 (and \$1.1 million per year ongoing) to continue to support veterans and their families. Funding includes:

- \$35.2 million over three years from 2026–27 to extend the Ensuring the Sustainability of Veterans’ Care and Support programs for two years to 30 June 2028
- \$34.5 million over two years from 2026–27 to extend the Sustaining a Care and Support Workforce for the Veterans’ Community: A Viability Supplement program for two years to 30 June 2028
- \$3.5 million over three years from 2025–26 to extend the Military and Veterans Psychiatry Training program for two years to 30 June 2028
- \$2.1 million over two years from 2026–27 to extend the Volunteer Training in Suicide Recognition and Intervention program for two years to 30 June 2028
- \$2.0 million over two years from 2026–27 to extend the Veterans’ Chaplaincy Pilot program for two years to 30 June 2028.

## Department of Veterans’ Affairs – enhancing the health and wellbeing of veterans and serving members

(see page 221 for context)

The Government will provide \$739.2 million over four years from 2025–26 (and \$130.2 million in 2029–30 and \$159.3 million per year ongoing from 2030–31) to prioritise



prevention, treatment and rehabilitation services to achieve better long-term health and wellbeing outcomes for veterans, including:

- \$58.3 million over three years from 2026–27 (and \$21.0 million per year ongoing) to strengthen mental health support for veterans across the continuum of care, including expanded access to Mental Health Treatment Plans.
- \$26.5 million over three years from 2026–27 (and \$27.6 million over two years from 2029–30) for a national study exploring innovative mental health treatments for post-traumatic stress disorder, anxiety and depression.

## Establishment of the Defence and Veterans' Services Commission

(see page 223)

The Government will provide \$44.5 million over four years from 2025–26 (and \$12.2 million per year ongoing) to establish and sustain the Defence and Veterans' Services Commission (the Commission). The Commission will provide independent oversight and evidence-based advice to government on reforms to improve suicide prevention and wellbeing outcomes for serving and ex-serving Australian Defence Force members.

The Department of Defence will meet the cost of this measure from within existing resources.

This measure builds on the 2024–25 MYEFO measure titled Royal Commission into Defence and Veteran Suicide – initial steps.

## Support for People with Disability

(see page 257 for context and other measures)

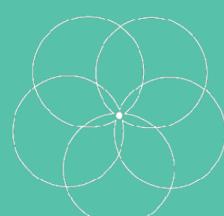
The Government will provide \$880.0 million over four years from 2024–25 to support people with disability. Funding includes:

- \$10.1 million in 2025–26 to the Department of Health, Disability and Ageing to continue the development and implementation of NDIS legislative reforms
- \$5.7 million over two years from 2026–27 to continue increased support for disability systemic advocacy

## Equitable Healthcare for Men, Women and Families

(see page 244 for context)

The Government will provide \$49.9 million over four years from 2025–26 (and \$4.1 million per year ongoing) to continue essential health supports for men, women and families.



Includes:

- \$3.5 million over two years from 2026–27 to increase awareness about key health issues for Australian men, including mental health, chronic conditions and sexual and reproductive health
- \$2.0 million over two years from 2026–27 to continue Movember's training and resource hub to support health professionals to provide targeted care and support to men
- \$1.6 million over two years from 2026–27 for regional coordinators to support Men's Sheds to host and participate in health and mental health related events
- \$2.7 million over two years from 2026–27 to deliver competitive grants to provide education, resources and support for women and families impacted by stillbirth and miscarriage

